Clinical Services and Health Access

Affordable health services* for students and their families:
- Dental
- Pediatric and adult primary care
- Birth control**
- STD testing and treatment**
- Maternity Support Services and Infant Case Management
- Pregnancy tests and referrals for prenatal care, adoption or abortion**
- Immunizations and TB testing
- WIC
- Help applying for state funded insurance programs

*Services vary at each site  
**Confidential services for adults and teens

Auburn
20 Auburn Ave.  4400-37th Ave. S.  
Auburn, WA 98002  Seattle, WA 98118  
206-296-8400  206-296-4650
253-833-8400

Downtown
2124 4th Ave  14350 SE Eastgate Way  
Seattle, WA 98121  Bellevue, WA 98007  
206-296-4755  206-296-4920

Federal Way
33431 – 13th Pl. S.  
Federal Way, WA 98003  
206-296-8410

Kent Teen Clinic  
(through age 20)
613 W. Gowen  1311 S.E. 274th St.  
Kent, WA 98032  Kent, WA 98030  
206-296-7450  206-296-4930

On-Line Resources

Public Health web site:
www.metrokc.gov/health
School staff, students and their families can access information about:
❖ Alcohol and other drugs
❖ Asthma
❖ Bioterrorism
❖ Birth and death records
❖ Child and youth health
❖ Chronic diseases
❖ Codes and regulations
❖ Communicable diseases
❖ Disasters
❖ Disposal and waste
❖ Emergency medical services
❖ Environmental hazards
❖ Family planning
❖ Free or low cost health insurance
❖ Healthy eating
❖ HIV/AIDS information
❖ Homelessness and health care
❖ Immunizations
❖ Injuries and violence
❖ Oral health
❖ Personal health
❖ Pest control
❖ Restaurant inspections
❖ Safe food and water
❖ Sexual health
❖ STDs
❖ Tobacco prevention

On-line information in Spanish can be found at www.metrokc.gov/health/espanol
**Communicable Disease Control, Epidemiology, and Immunizations**

- For consultation or to report communicable diseases, 24 hours a day, 7 days a week, call **206-296-4774**.
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- VacScene Newsletter for health care professionals on childhood vaccinations is available online at: [http://www.metrokc.gov/health/vacscene/index.htm](http://www.metrokc.gov/health/vacscene/index.htm)
- Epilog Newsletter regarding communicable diseases in King county is available online at: [http://www.metrokc.gov/health/epilog/index.htm](http://www.metrokc.gov/health/epilog/index.htm)

**Environmental Health**

Provides pool and food facility inspections and consultation on environmental health issues ranging from rodent control and contaminated environments to disposal and management of hazardous materials.

**Food and Pool inspections**

- Seattle area school districts: **206-296-4632**
- South County school districts: **206-296-4708**
- North and East County school districts: **206-296-9787**

Students and staff who need food handler cards may call the Food Handler Hotline at **206-296-4791** to learn about class locations and dates.

All other environmental health questions: **206-205-4394**

**Dental Services**

For dental care referrals or information call the Community Health Access Program (CHAP) at **206-284-0331** or **800-756-5437**.

**School-Based and School-Linked Health Centers** are comprehensive primary care clinics that provide medical care and mental health screening and treatment for young people. For more information call Linda St. Clair at **206-205-0600**.

**School-Linked Health Centers**

- **Youth Health Center - Renton**
  - Group Health Clinic
  - 275 Bronson Way NE
  - Renton, WA 98056
  - **425-254-2710**
  - *Services available to all teens, regardless of school enrollment*

- **Youth Health Center - Burien**
  - 457 - SW 148th St.
  - Burien, WA 98166
  - **206-439-9300**
  - *Services available to all teens, regardless of school enrollment*
Seattle School District School-Based Health and Wellness Centers*
Aki Kurose Wellness Center 206-326-2141
Ballard Teen Health Center 206-784-2142
Cleveland Health Center 206-296-0536
Denny Wellness Center 206-923-2809
Franklin Teen Health Center 206-326-2750
Garfield/NOVA Teen Health Center 206-860-0480
Hale/Summit Teen Health Center 206-363-8291
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Roosevelt Teen Health Center 206-527-8336
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Washington Wellness Center 206-568-3327
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Access & Outreach to Health Care staff provides state funded health insurance information and application help to low-income families in person, over the phone and in the community.
Seattle: Daphne Pie 206-205-5196
South King County: Cathy Aby 253-874-7642
Latino Outreach: Miguel Urquiza 206-296-9875

Health Care for the Homeless Network
Free medical care for homeless youth in Seattle and King County, including:
• Primary Care
• Mental Health and Chemical Dependency Counselors
• Acupuncture and Naturopathic Care
• HIV/STD testing

Physical Activity and Nutrition
• PE Teacher Awards: Each year the King County Physical Activity Coalition (KCPAC) gives awards to 5 outstanding PE teachers in King County public schools. For information on getting involved with KCPAC, Safe Routes to School, or to nominate an outstanding PE teacher, call Amy Shumann 206-205-6284.

• Nutrition & Physical Activity Services focuses on healthy eating and active living. Technical assistance resources are available for developing and implementing strong nutrition and physical activity policy/procedures for your district. Opportunities for school staff to be involved in a county-wide effort to increase opportunities for physical activity and improve access to healthy foods.
Nutrition: Donna Oberg 206-296-4589; Physical Activity: Amy Shumann 206-205-6284
Policies in King County: Kirsten Wysen 206-205-0661

• King County Steps to Health is a 5 year CDC funded grant to address asthma, tobacco, diabetes, and obesity. Steps projects are individual, family, clinical, school and community level interventions with a focus on Seattle, Highline, and Tukwila school districts. For information about projects contact Lorrie Alfonsi, Project Manager, 206-205-0932.

• Seattle Nutrition Action Consortium (SNAC) operates two school based programs. Mission Delicious is an elementary school program where students are taught food preparation skills and encouraged to eat healthy foods. You're the Cook is a middle school program where students help with cooking demonstrations and prepare healthy recipes for their own families. For more information call Elizabeth Kimball at 206-205-5159.
Alcohol and Other Drug Prevention (AODP) Program provides, through direct services and contracted services, the following:

- AOD prevention programs (such as life skills training, mentoring, and youth leadership) for children and youth
- Parent education programs for raising drug free children
- Training funds to promote AOD prevention best/promising practices and to build capacity
- Allocation of small grants for community, school and youth groups to plan and implement drug-free activities

For more information call Jackie Jamero Berganio at 206-296-7614.

Tobacco Prevention Program provides:

- Trainings for school staff on tobacco diversion programs (a tobacco education class in lieu of suspension), cessation programs, media literacy, and general tobacco information.
- Technical support and consultation to answer tobacco related questions, assistance with health and wellness events, recommendations for guest speakers, and help with district and building tobacco policies.
- Tobacco Prevention Website offers a list of services and has general information about tobacco: www.metrokc.gov/health/tobacco

For more information call 206-296-7613 or email tobacco.prevention@metrokc.gov.

Violence and Injury Prevention Program

Program staff provide information and materials on a number of injury topics including traffic safety, drowning prevention, and firearm storage.

For more information call Deanne Boisvert at 206-205-5866.

For more information go to www.metrokc.gov/health/hchn or call Laurie Becker at 206-205-5827.

Health Promotion and Prevention

Oral Health Program

- Dental sealant program to targeted elementary schools
- Oral health curriculum ("The Tooth Tutor")
- Consultation and training for school nurses

For more information call Peg Terp at 206-296-4572.

Teen Pregnancy and Parenting Services

Public Health and its community partners provide a range of services that support teen parents. Best Beginnings, TAPP (Teenage Pregnancy and Parenting Program), and Eastside Healthy Start provide support and home visiting services for teen mothers and their families. To refer a teen in:

- Seattle call Joyce Tomlinson at 206-296-3155 or your local Public Health Center in Seattle.
- Renton, Auburn, or Kent call the Renton Public Health Center at 206-205-1654.
- East King County call 425-869-6658.

Maternity Support Services, Infant Case Management and WIC are available for teens at all Public Health Centers.

Health Education, Training and Consultation

Public Health Educators in the Family Planning Program provide:

- Sexuality education training for teachers
- Support in providing F.L.A.S.H. (Family Life And Sexual Health) - an age-appropriate, medically accurate and comprehensive sexuality education curriculum for grades 5 - 12 and special education students
developed by Public Health Seattle & King County

- Co-teaching and modeling for new teachers
- Technical assistance for school districts on sexuality curricula
- A website (www.metrokc.gov/health/famplan/) with teacher resources and lesson plans
- Assistance with curriculum parent preview nights

**School district: Auburn, Enumclaw**
Health Educator: 206-296-8405

**School district: Federal Way**
Health Educator: Kari Kesler 206-296-9864

**School district: Highline, Tukwila, Vashon**
Health Educator: Lois Werelus 206-205-7221

**School district: Bellevue, Mercer Island, Snoqualmie**
Health Educator: Becky Reitzes 206-296-9782

**School district: Kent**
Health Educator: Andrea Gerber 206-205-8683

**School district: Northshore, Lk Washington, Riverview, Skykomish**
Health Educator: Stephanie Ballasiotes 206-296-9812

**School district: Renton, Tahoma, Issaquah**
Health Educator: Tony Silvestrin 206-205-1708

**School district: Seattle, Shoreline**
Health Educator: Beth Reis 206-296-4970
Celia Thomas 206-205-6035

Public Health Educators in the HIV/STD Program provide:

- Training and consultation for school staff and educators on HIV, STDs and blood borne pathogens: **206-296-4649**
- Educational brochures and free video rental: **206-205-7837**
- The HIV/STD Hotline for information, referrals, and to schedule testing: **206-205-7837**
- HIV Resource Library for access to research and scientific information: **206-296-4649**
- An up-to-date website (www.metrokc.gov/health/apu/) with statistics, teacher resources and lesson plans

**Safe Schools Coalition** protects children from bullying based on perceived sexual orientation by providing:

- Training for staff on bias-based harassment
- Classroom resources
- Local and national data
- Consultation on anti-bullying policies

For technical assistance call Beth Reis at **206-296-4970**.

For general information call **206-632-0662 ext 49**. Students and/or staff experiencing bullying or harassment can call the Safe School Crisis line at **888-998-6423. www.safeschoolscoalition.org**

**Asthma Management Services**
For assistance with student-focused or school-focused asthma management issues and concerns call Diana Vinh, King County Steps to Health at **206-205-1589**.

**Child Care Health Program**
The Child Care Health Program provides services to promote the health and safety of children in child care, including out-of-school-time care programs. Public Health Nurses, Nutritionists, Health Educators and a Child Psychologist provide training, consultation, education and referral services for child care providers and the children and families they serve. For information call 206-296-2770.
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Federal Way
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Alder Square (Kent)
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Suite #112
Kent, WA 98032
206-296-4500

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Kent, WA 98032
206-296-7450

Springwood Public Health Center (Kent)
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Kent, WA 98030
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